

Food Ratings

10-Apr-07

Brand	Item	Rating (/5)	Comments
Natural High	Granola with Raspberries and Milk	5	Yummy and holds you all morning. 5 if cold, 4.5 if hot.
Backpackers Pantry	Risotto with Turkey	5	Great!
Backpackers Pantry	Chicken Cashew Turkey	4	Would be a 4.5 or 5 if added raisons.
Natural High	Vanilla Mouse with Raspberries	2.5	Watery. Might have set if left longer. Raspberries crunchy. So-so.
Cliff	Bars	n/a	Mandy's faves: *mint choc chip, cookies & cream, choc chip, peanut crunch
Frunola	Bars	n/a	All yummy.
	Dried Pepperoni Sticks	n/a	Delicious. 2-3 per Corinne's lunch.
	Baby Bels	n/a	Great for Corinne's lunch. 2-3 per person, per lunch.
	Triscuits	n/a	Great for Corinne's lunch. 1 small box for 2 mesh packages of baby bels
	Wholewheat pita bread	n/a	Great for Mandy's lunch.
	Soy butter	n/a	Great for Mandy's lunch.
	Honey	n/a	Great for Mandy's lunch.
Nature's Treat	Sweet & Salty Peanut Butter Granola Bars	4-5	Corinne's fave.
Nature's Treat	Organic Peanut Butter Granola Bars	4-5	Mandy's fave.
	Flavoured organic oatmeal	n/a	Mandy breakfast. 2 pouches per morning.

26-Jul-12

Backpackers Pantry	Huevos Rancheros	n/a	Requires cooking in skillet - returned to store
Natural High	Spinach Cheese Omelette	1	Have to fry in skillet, ok taste but horrible texture, hard not to burn
Backpackers Pantry	Thai Satay with Beef	4	Very good!
Backpackers Pantry	Chicken Vindaloo	3.5	Be careful not to add too much water; spicy and good.
Backpackers Pantry	Chicken Cashew Curry	2.5	Ok; not bad but not really good.
Natural High	Himalyan Lentils and Rice	2.5	Ok but somewhat bland.
Natural High	Teriyaki Chicken	3	Pretty good.
Backpackers Pantry	Pad Thai	3	Pretty good; but seemed to produce a lot of gas in the tent that nite!
Backpackers Pantry	Yakisoba Noodles	n/a	Requires cooking in skillet - returned to store
Backpackers Pantry	Baked Lasagna	3.5	Good!

Other Notes

Lunch	Triscuits	1 bag	Lasts 2 days
	Babybels	3 ea	per day
	Craisins	1 bag	Lasts 4 days
Other	Oatcakes	1/2 box	Lasts 4 days; good for filler
	Bars	2 ea	per day
	Instant chocolate mousse		yum!
	Probars		Make a great breakfast if you are in a rush
	NUUN	1 pkg	Lasts 4 days; totally rocks could use more