

There are two ways to deal with life. Man's approach and God's approach.

Man's approach is self-focused; know yourself, love yourself, take control.

- These all lead to coping.
- Man's approach cheats you out of a better way.

God's approach to dealing with life and all of its troubles begins with knowing who He is; knowing God's love, and trusting God.

- When you are dealing with life God's way, you will experience joy.

God created life. Doesn't it make sense that He knows best how to live it?

God loves you. How can you love yourself as much as He does?

God promises to take care of you. How can you take care of yourself as well as He can?

Many brilliant people have promoted man's approach to dealing with life but God's approach is wiser than any human plan.



When God is in me, my spirit is alive and I am accepted and blameless.

When I focus on the world, I see and hear rejection and failure.

Believing what God says changes the way you feel in your soul.

You can focus on God or the world.

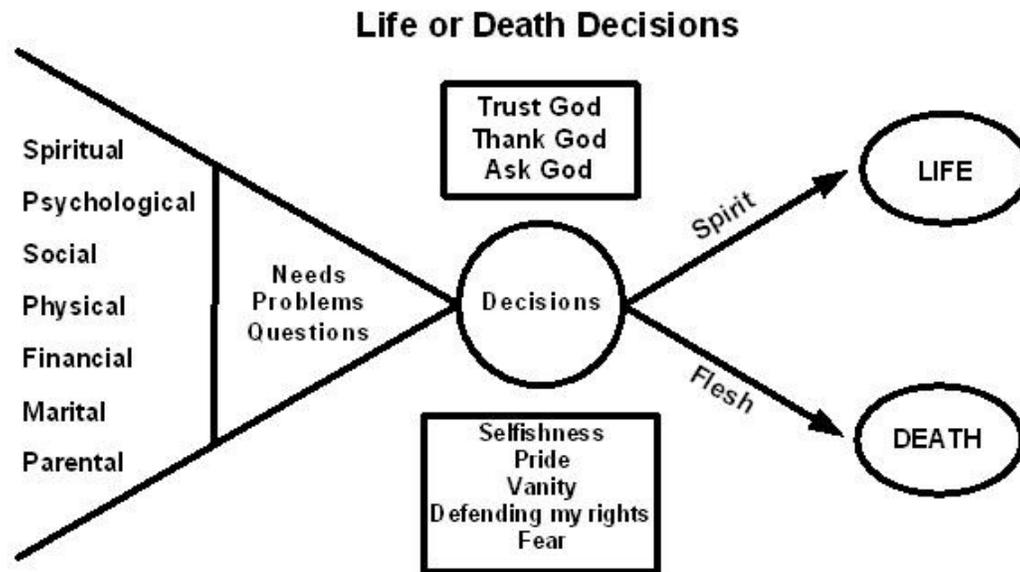
- Input from God is always the same; you are accepted and blameless. You will feel confident, complete, forgiven.
- Input from the world is also always the same; you get approval if your appearance, abilities and actions are “good enough”. You will feel inadequate, insecure, and guilty.

Your confidence comes from understanding you have God’s favour.

Your mind is renewed when you believe what God says about you.

How does it make you feel to know you are favoured by God?

Ask God to reveal to you how the world has influenced you. Repent of the ways you have looked for approval from the world through your appearance, abilities and actions. Repent for the lies you believed about yourself. Thank God for who He has made you.



In each of the seven areas of life, we have choices we need to make every day.

As we consider the choices before us in light of our needs, problems and questions, we take one of two paths; one leading to life, the other leading to death.

- Life comes from the spirit. Death comes from the flesh.

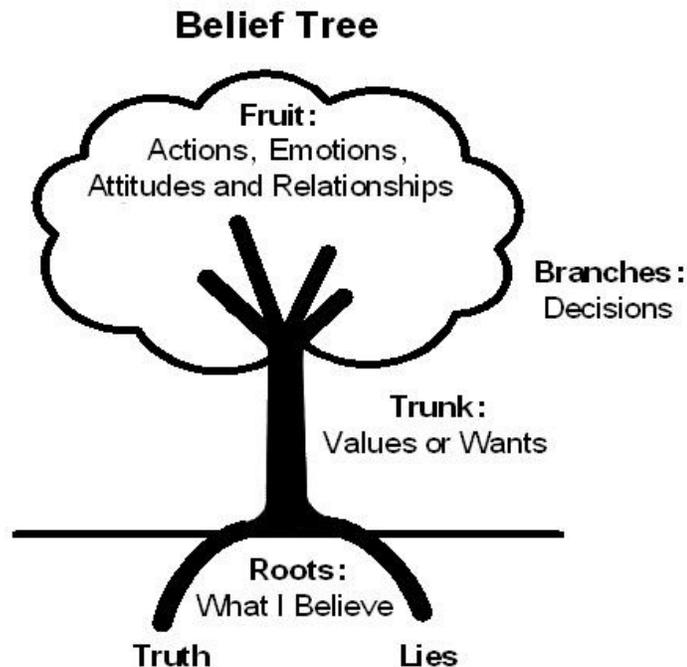
Decisions based on the flesh are motivated by: selfishness, pride, vanity, defending my rights, fear.

When you are motivated by the Spirit you will trust God with all your needs, thank God for all your problems, and ask God when you have questions.

- When you acknowledge Him in all areas of your life, He will show you what to do.

Stop making decisions based on selfishness, pride, vanity, defending rights, or fear.

Start making decisions by trusting God for all your needs, thanking God for your problems and asking God for wisdom concerning your questions.



Your life can be depicted as a fruit tree. A fruit tree has fruit, branches, a trunk, and roots.

- Your actions, emotions, attitudes, and the condition of your relationships are your fruit.
- The branches represent your decisions: choosing to follow the spirit or the flesh will impact your fruit.
- The trunk represents your values or wants. Your values and wants may not be evil, but the way you seek to satisfy them can be.
- The roots of the tree represent what I believe; truth or lies.

Believing truth results in life. Lies come from believing Satan and the world.

You may believe lies about God, yourself, and others.

Don't let experiences define what you believe. Instead, let God define your experiences.

Don't try to hide your bad fruit. Don't try to remove your bad fruit just to see it grow back again. Deal with the root cause.

Are you ready to get rid of the lies you have believed and replace them with the truth? You will need to confess the lies you have believed; repent of your wrong decisions; and replace the lies with truth.

You are accepted. You are holy and blameless. You are forgiven.